Higher Ground Women's Recovery Residence P.O. Box 3 Pennington Gap Va. 24277

What to bring when you are a guest at Higher Ground Women's Recovery Residence

1. One to two weeks of clothing school, work and communal living appropriate
2. One to two pairs of shoes
3. Personal Hygiene items such as toothbrush, toothpaste, deodorant, soap, skincare items
4. Coat
5. You may bring a phone and earbuds
6. Personal food items

Any other items will require approval as space is limited. Personal items will be searched upon becoming our guest and periodically.